



# YEAR 11 SPRING PLAN

January 2016

# GETTING STARTED WEEK ONE

- Year 11 Assembly
- Revision folders
- Revision mentor 11RWA Mr Smith, 11LH Mrs Fitzsimmons, 11ELC Mr McKinniss, 11Ing, Mr Hayward, 11SJH Mrs Perry, 11MRP Mr Dale
- Subject resources
- Calendar of events
- Personal exam timetable
- First session on examination techniques
- Parent evening for revision

# GETTING ORGANISED WEEK TWO

- Revision plan created
- Revision space organised
- Equipment set up for each subject
- Use of phone and computer agreed with parents
- Rewards for each chunk learnt established
- Collaborative revision groups created in subjects
- Revision checklists for each subject completed (RAG)

# MEMORY TECHNIQUES WEEK THREE

- Assembly on different memory techniques
- The difference between long term and short term memory
- Looking at focused and diffuse modes of thinking (Coursera)
- The importance of sleep
- The research on electronic devices
- Reducing stress so that the learning sticks

# SETTING PERSONAL GOALS WEEK FOUR

- Visiting speaker workshop from Independent Thinking
- Why Mocks are important assembly
- From can't be bothered or doing the minimum to striving for excellence
- Career and future goals including college/ apprenticeship applications

# REVISION FOLDER CHECK WEEK FIVE

- Self assessment on how you are doing
- Tutor/mentor check on revision plan
- Peer assessment and critique to brainstorm good ideas
- Create a final countdown to mocks plan
- Walking talking mocks



# MOCK EXAMS WEEK 6

# WHAT CAN PARENTS DO ?

- Helping promote a positive attitude
- Helping to encourage positive self talk
- Helping to create a good environment for concentration
- Helping to encourage good sleep habits
- Dealing positively mobile phones
- Supporting performance under pressure